

Ham & Egg Wraps

Ingredients:

- 1 Tbsp Low Fat Mayonnaise
- 1 boiled egg, peeled and chopped
- 1 soft white or wholemeal wrap
- Kos Lettuce Leaves
- 30g sliced ham



Method:

Mix the chopped egg with the mayonnaise.

Lay the lettuce down the centre of the wrap, and then layer the ham on top.
Spread the egg mayonnaise mixture over.

Roll up tightly to enclose.